Researching for PSY4115 (Counselling and Psychotherapy in Applied Psychology)
What we will cover today

• Trustworthy sources

• Finding resources – Library Search, Google Scholar

• Databases

• Referencing

• Where you can get help
• **Primary literature** is where new research or theories are first revealed, and includes journals and conferences – original material

• **Secondary literature** provides a more digested overview of a subject e.g. books – interpretation of other sources

• **Tertiary literature** records facts and brief descriptions of key information, as in reference material e.g. encyclopaedias and dictionaries
Evaluate Your Sources - CARP

- Currency
- Authority/Accuracy
- Relevance
- Purpose/Point of View
Identify the 5Ws
Reliable Resources

With all the information out there what can you trust......
Trustworthy
Be suspicious
Risky
Evaluation task – The real thing!

Imagine you have been asked to write and essay on self-esteem
In your groups evaluate the 5 resources you have been given

• Discuss whether these sources are useful, or not and why
• Think about which has the most academic authority
• Which items might have bias?
• Which is the most current, does it matter?
Where can you find quality information?

• Library Search
• Google Scholar
• Choose your **specialist** database
  • PEP-web
  • Psychotherapy.net
  • PsychInfo
Accessing library resources – MyUniHub – MyStudy – MyLibrary
My Library

- Library Search
- Referencing
- Library Account
- Suggest a book
- Reading lists
- My Subject - Library Guides
- Ask a librarian
- Make an appointment
- Distance Learning Library Support
- Databases
- EJournals
- EBooks
- Research Repository
- Inter-Library Loans
- Previous exam papers
- Library FAQs
<table>
<thead>
<tr>
<th>Details</th>
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<tr>
<td>Title</td>
<td>The handbook of counselling psychology</td>
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<tr>
<td>Creator</td>
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<td>Subject</td>
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<tr>
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<td>Psychology, Applied</td>
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<tr>
<td>Identifier</td>
<td>ISBN: 9781446276327</td>
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Library search reference


Remember to check citations for accuracy with our Referencing guide or Cite Them Right Online before including them in your work.
Good Google.... http://scholar.google.com

Google Scholar provides a simple way to broadly search for scholarly literature. From one place, you can search across many disciplines and sources: articles, theses, books, abstracts and court opinions, from academic publishers, professional societies, online repositories, universities and other web sites.
Google Scholar
Search for and select Middlesex University
Google Scholar

Presentation title
Have a go........

• Use library search and Google scholar to search for resources
• Save your searches
• Email a resource to yourself
• Check the reference for your article
Databases

• A database is a collection of data or information that is specifically organised for rapid search and retrieval by a computer

• They can be free or commercial

• They can cover one subject or many subjects

• Remember that you are the brains in this relationship! The computer will only respond to your keywords so think about those before you begin your searches.
Databases available via Middlesex University

- PsycInfo
- PsycTests
- PsycArticles
- PEP-web
- Psychotherapy.net
- PubMed
- Medline
- Cinahl
- Web of Science
http://libguides.mdx.ac.uk/psych/journalsdatabases
How to get to the databases...

MyUniHub > My Study > My Library > Databases
Choose Databases
Boolean Operators

• **AND** = Less: You are combining search terms NARROWER

• **OR** = MORE: You are asking for either of the search terms WIDER

• *** = Truncation** – You enter the beginning of a key word e.g.
  Psych* will find all search terms beginning with these 5 letters

• “ “ = Phrase searching – You want the words to be next to each other in your search e.g. “substance abuse”
PsychInfo Advanced Search
PsychInfo Advanced Search - Results

Search terms:
- Trump AND mental health OR mental disorders

Search results:
1. Donald J. Trump, alleged incapacitated person: Mental incapacity, the electoral college, and the twenty-fifth amendment.

Subjects: Legal Processes; Mental Disorders; Mental Health; Social Psychology
Options and search limiters
Check MDX holdings
Announcing the PEP-Web 2019 Release!
January 22, 2019

We are very pleased to announce the 2019 release of the PEP-Web archive. The annual release means that another year of the current publications move out of the publisher’s embargo period subscribers no longer have access to the 2015 issues of current journals with three-year embargoes, and 2016 issues of journals with five-year embargoes. As a result, this year we have added...

PEP KBART and MARC file update (correction)
September 24, 2018

We have updated our KBART and MARC files used by institutions and libraries. We recently received a report that there was a problem with the ISDN for Psyché, and in checking this, the report was correct, and we had the wrong ISBN. The correct ISBN for Psyché is 0033-2023. This has been corrected in the KBART and.

PEP-Web name change for the "Revue Roumaine De Psychanalyse"
March 1, 2019

Roua Roumaine De Psychanalyse” which is also published with the name “Romanian Journal of Psychoanalysis” has shifted towards all-English content and has requested PEP to change the running head and listing for the journal to the English version of their name. The journal name has now been changed to the British version on PEP-Web.

Announcing the PEP-Web 2018 Release!
January 22, 2018

We are very pleased to announce the 2018 release of the PEP-Web archive. The annual release means that another year of the current publications move out of the publisher’s embargo period; subscribers no longer have access to the 2014 issues of current journals with three-year embargoes, and 2015 issues of journals with five-year embargoes. With the addition of Revista de Psicoanalisis, a...

PEP-Web Newsletter – December 4, 2017
December 4, 2017

Hello and welcome to the new PEP-Web quarterly newsletter. We’re always looking to improve PEP-Web and there’s lots new content and features that you might be interested in. In this and future newsletters we’ll be bringing you latest news and updates, as well as interesting videos and media content. We’re also always listening to your feedback...

Announcing the addition of Revista de Psicoanalisis (APA) to PEP-Web
December 4, 2017

Revista de Psicoanalisis (APA) is an open-access, peer-reviewed, quarterly journal published by the Asociación Psicoanalítica Argentina (APA). The journal’s focus is on psychoanalytic and psychodynamic approaches to the understanding of individual and collective human experiences. The journal is published in English and Spanish, and it aims to promote a dialogue among psychoanalysts from different cultural and clinical perspectives...
PEP Easy search
The Two-Person Unconscious: Intersubjective Dialogue, Enactive Relational Representation, and the Emergence of New Forms of Relational Organization

Karlen Lyons-Ruth, Ph.D.

Recent psychoanalytic theory has moved increasingly toward a relational, intersubjective, and social—constructivist stance. In this view, the psychoanalytic encounter is seen as mutually coconstructed between two active participants, with the subjectivities of both patient and analyst contributing to the form and content of the dialogue that emerges between them (McLaughlin, 1991; Hoffman, 1992; Ogden, 1994). The current emphasis in analytic writing on the importance of enactments in the treatment situation attempts to keep the lens focused squarely on the point of contact between the two analytic participants and on the form of the implicit transactions that emerge between them (e.g., Ogden, 1994). Clinical descriptions acknowledge the active contributions of both partners to the co-construction of the enactment, even though the primary clinical interest may be in those features of the enactment that echo problematic aspects of the patient's interactions with other important people (Jacobs, 1991; Hoffman, 1992). Enactments have been viewed as important opportunities to gain a window on unconscious motivations and meanings held by the patient that have not been previously recognized or articulated (McLaughlin, 1991).

In this shift to a more fluid and mutual view of therapeutic process, the need for a psychoanalytic model of development has increasingly been questioned (e.g., Mitchell, 1988). Converging pressures on psychoanalytic theories of mind and of development have come from the increasing sophistication of both behavioral and neuroscientific research. New findings regarding the development and organization of mind, brain, and behavior have outstripped the pace of change in psychoanalytic theory, further undermining the credibility of older developmental models. In contrast to these changes, which have fostered skepticism about the role of developmental theory, longitudinal attachment research has provided recent consistent support for the view that important dimensions of relational behavior are grounded in relational history. This emerging developmental research base supports the continued relevance of developmental history to psychoanalytic process and the concomitant need to refashion a psychoanalytic metatheory that is consistent both with the new research base and with a more fluid, mutual, and constructivist view of relational change in adulthood.
# Psychotherapy.net

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<th>By Approach</th>
<th>By Therapeutic Issue</th>
<th>By Expert</th>
<th>By Population</th>
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Have a go

- Pick a database
- TRY
  - advanced searches
  - boolean operators and tools – “phrases”, truncation *
- Open and save pdf articles
- Try emailing results and/or individual articles to yourself
Referencing
Referencing
Why Reference?

- Give credit to the original author/creator
- Demonstrate that you have read widely on the subject and have considered and evaluated the writings of others
- Show the evidence of your research by quoting, paraphrasing or summarising from the original text
- Establish the credibility and authority of your ideas and arguments by highlighting and backing-up relevant points
- Enable the reader to locate the original material you used
- Distinguish between your own ideas and opinions and those of others
- Achieve a better mark or grade
- Avoid plagiarism.
http://libguides.mdx.ac.uk/plagiarismreferencing
Cite them right
Collecting and managing your references

- **Refworks collects, manages and organizes references**
- Save your references on the go:
  - From Library Search and Google Scholar
  - From the database you are using
  - Only Refworks is supported by Middlesex University library
  - You will need to set up a Refworks account using your Middlesex email address
More Refworks Info/Training
http://libguides.mdx.ac.uk/plagiarismreferencing/NewRW
Keeping up-to-date [http://libguides.mdx.ac.uk/psych/stayingcurrent](http://libguides.mdx.ac.uk/psych/stayingcurrent)
It’s not in the Library!

• Inter Library Loans:
  http://libguides.mdx.ac.uk/interlibraryloan/interlibraryloans

• Other libraries:
  http://libguides.mdx.ac.uk/psych/otherlibs

• Sconul Access
  https://www.sconul.ac.uk/sconul-access
Need help?

• Librarians in StudyHub (1st floor) Monday – Friday 9-5

• Academic writing team (1st floor) Monday – Friday 12-3

• Psychology Library Subject Guide

  [http://libguides.mdx.ac.uk/psych](http://libguides.mdx.ac.uk/psych)

• Librarian [s.parry@mdx.ac.uk](mailto:s.parry@mdx.ac.uk)
Any questions?
THE ENTIRE AUDIENCE SILENTLY STARES AT YOU. YOUR LECTURE HAS EITHER BLOWN THEIR MINDS OR HORRIFIED THEM BEYOND WORDS.